

December



News Notes

Lunch Program

Monday, Wednesday, Friday, 11:15 am
Reservations required in advance
Cost: \$3-Members \$4-Guests

Walking

Monday-Friday 8:00-10:00 am
Armstrong Recreation Center
Don't forget to sign in!!

DECEMBER HOLIDAY SCHEDULE



JSC CHRISTMAS PARTY

Wednesday, December 21st – 11:00 a.m

Please note: The doors to the center
will not open until 10:15 a.m.
on day of Christmas party.

Please make reservations at the front desk
(No other activities in the building that day)

HOLIDAY CLOSINGS

The center will be closed to members
Friday, December 16th for the
City of Jeffersontown's annual
Employee Christmas Party.

Closed Tuesday, December 20th
To prepare for JSC Christmas party.

Closed Monday, December 26th through
Monday, January 2nd. The center will
reopen Tuesday, January 3rd.

EARLY CLOSING

The center will close at
NOON on Friday, December 23rd



JEFFERSONTOWN KENTUCKY



The holiday season can be an especially difficult time for those grieving the death of someone in their life.

Please join Hosparus and your friends at Jeffersontown Senior Citizens Center for an open forum on Holiday grieving and Hospice Care
Monday December 5th
12:15pm-1:15pm

JEFFERSONTOWN SENIOR CITIZENS CENTER
10631 Watterson Trail

Topics will include:

Holiday Grief: Why Is It So Difficult?
Taking Care of Ourselves in the Midst of Holiday Stress

The Hosparus Grief Counseling Center provides grief support through counseling, educational classes, and groups for children and adults. The Grief Counseling Center is a program of Hosparus, a non-profit hospice care provider serving Kentucky and Southern Indiana.

1-888-345-8197 | hosparus.org


The earlier you call, the more we can help.

JEFFERSONTOWN SENIOR CITIZENS

10631 Watterson Trail
Jeffersontown, KY 40299
267-9112

Email: jtownseniors@jeffersontownky.gov

Website: www.jeffersontownky.com

SENIOR CENTER HOURS

Monday-Friday
8:00-3:00 pm
All activities end at 2:30 p.m.